



25001 Industrial Blvd. • Hayward, CA 94545 • tel. 510-780-4500 • fax 510-780-4528 • www.lifewest.edu

NEWS RELEASE

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Contact: Iris Murillo
Phone: 510-780-4500, ext. 2425
E-mail: imurillo@lifewest.edu

LIFE WEST HOSTS FIFTH ANNUAL GONSTEAD “MEETING OF THE MINDS”



HAYWARD, Calif, December 9, 2008 – On October 11 and 12, over 50 chiropractors from all over the country attended the fifth annual “Meeting of the Minds” (MOM) to discuss issues pertinent to the furthering of the Gonstead technique and the promoting of the chiropractic profession in general. The discussions, which were held at Life Chiropractic College West (LCCW), focused on evolving the current technique by reviewing Gonstead evaluation procedures, understanding subluxation neurology, using motion x-ray, highlighting recent research, and proposing new research topics.

Aside from the student workshop held Friday evening, attendees had a minimum of 25 years of experience using the Gonstead technique. Among the numerous and inspiring speakers, Dr. Greg Plaughter spoke about the politics of research while Dr. Ed Cremata addressed the importance of future studies. Subsequently, a great deal of attention and conversation centered on what future research subjects would be worthy of study by Gonstead Clinical Studies Society. At the end of the day, Dr. Bryan Gatterman, DACBR, demonstrated the value of using motion x-ray to glean important information relevant to the appropriate application of Gonstead.

The following day was spent generating support for the Gonstead Clinic at Mt. Horeb which is in need of restoration. Dr. Steven Tanaka displayed historical photographs to communicate the tremendous contributions made by technique founder, Dr. Clarence Gonstead, and provided a timeline of Dr. Gonstead’s career. Dr. John Rosser shared endearing and inspiring stories about working with Dr. Gonstead from 1966 to 1969 at the Gonstead Clinic.

Dr. David Ginsberg, who attended MOM, said “this was my first Meeting of the Minds. The mix of scientific information as it applies to Gonstead Chiropractic and how we can apply that in daily practice

was awesome. I also loved hearing stories about Dr. Gonstead and other old time chiros.” The next Gonstead Meeting of the Minds gathering is planned for October 10th and 11th, 2009 at Northwestern Health Sciences University in Minneapolis, Minnesota.

Life West is a large supporter of the Gonstead technique with class offerings and an active Gonstead student organization. Established in 1976, Life West is an accredited non-profit institution of higher learning. Currently over 400 students from across the United States and abroad are enrolled, and over 3,700 graduates of Life West are now providing chiropractic care worldwide. The college’s Health Center, a public outpatient facility, staffed by approximately 150 senior interns who are guided by licensed doctors of chiropractic, provides affordable health care to more than 1,500 patients per week in the city of Hayward, California. The college and Health Center maintain a Web site at www.lifewest.edu.

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